

Georgia Shines at the English Schools

On the weekend of the 9th-11th July the annual English Schools National Athletics Championships took place in Manchester. The English Schools is considered one of the premier competitions in the junior calendar where athletes (school age Yr 8-13) are selected to represent their County Schools' Associations after achieving tough qualification standards. The event has often been described as a mini Olympics for school children due to the standard of competition and the way it is organised and run. This year due to the National Pandemic, measures were put in place to ensure the competition could take place which meant qualification was a challenge for the young athletes and the competition took place in a different format, separating the age groups into event days. This year, two athletes from **Walton AC** qualified and were selected to represent **Surrey Schools** at the Championships both in the Senior age group, **Brook Cronin** and **Georgia Russell**. **Brook** who has made a breakthrough this season by setting Club Records in both the U20 100m and 200m, unfortunately had to pull out of the event in the week leading up to it due to an injury. **Georgia** made the trip to Manchester to compete in the Senior Girls Shot Put event, which was held on Friday 9th July. **Georgia** who is still adapting to throwing a heavier weight this year had a strong series of throws in the final and finished in 9th position overall. Such is the commitment of this young superstar, that **Georgia** travelled back from Manchester to represent **Walton AC's Senior team** in the SAL match at Kingston on the Sunday. Both **Georgia** and **Brook** are both eligible to compete in next year's ESAA Championships in the senior age group so to qualify for this iteration of the event was an outstanding achievement in itself. Both **Georgia** and more recently **Brook**, have been assisting with coaching and leading the young athletes in **Walton AC Academy** acting as great **Ambassadors'** for the Club and **Role Models** for our up and coming developing athletes.

M50 5km Road Record for Tim

On Tuesday 13th July, **Tim Grose (M50)** travelled into London to Battersea Park to compete in the VAC 5km Road Series for Masters Athletes. This event has proved highly successful in the last couple of months being both popular with Masters and fiercely fast. In sweltering conditions, he set off in the second wave around the 2 lap course and finished 5th in his age category in what was another fast race. **Tim** managed to lower his **WAC M50 5km Road Record** with a time of 18:27 which rounded off a pleasant evening nicely. Well done **Tim**