



Meeting: AGM
Date: 26 February 2021
Subject: Draft Annual Report of Activities for 2020
Author: Malcolm Howard
Position: Chair

1. Background:

Our constitution requires us to provide a report of our activities for the year to the Annual General Meeting (AGM). This paper contains that report.

2. Recommendations:

AGM attendees are asked to **NOTE** the report.



Walton Athletic Club Annual General Meeting

26 February 2021

Annual Report of Activities

1. Coaching and Athletics Achievements:

- 1.1 Despite the effects of Covid and the restrictions this has placed on us as a club, on the coaching side, WAC continues to provide coaching in some disciplines, whilst ensuring that it is provided in a safe and appropriate environment and in accordance with UKA guidelines.
- 1.2 Going forward, we do need more volunteer coaches. So if you, or someone you know, is interested in getting involved in this hugely satisfying role, please contact Jamie McLoughlin (coachrep@waltonac.co.uk)
- 1.3 Cross Country - 2019/20 Season
 - 1.3.1 Walton AC was crowned 2019/20 Champions and earned promotion back into Division 2 of the Surrey XC League. Only one point separated the winners and second place Epsom & Ewell AC, demonstrating how important it was for every scoring member of the WAC team who turned up and competed in each of the 4 matches of the League.
 - 1.3.2 **Craig Jarman** was 2nd Overall in the Individual rankings on 20 points and his individual highlight was finishing in first place in the Oxshott match. **Duncan Woolmer** was 4th overall in the individual standings with 25 points. The U20 men strengthened the Walton team enormously and **Oliver Coppellotti** took 1st position overall in the U20 Individual rankings with an impressive 9 points score, whilst **Michael Cottrill** was followed closely behind as 2nd overall individual with a score of 11 points.
 - 1.3.3 Walton AC Ladies finished in 32nd position out of 46 teams this season with a small but consistent team turning out to represent the Club. **Hayley Cargill** won the Wimbledon Common Match by almost a minute from the second place finisher, becoming the first Walton lady to win a league match for a number of years.

1.3.4 Walton AC's combined U15/U17 boys team had another strong season in the Surrey XC League this time finishing in 2nd place. **Tom Jones** finished 1st in the Individual U17 rankings with an astounding score of 3 points by virtue of his victories in 3 of the 4 matches (Effingham, Beckenham and Lloyd Park) and finishing in second place in the Wimbledon Common match. **Oliver Emmet** was the strongest U15 WAC athlete and finished 3rd in the U15 Individual rankings with 9 points in his age category. Walton AC U17 girls finished in 7th place in the Surrey XC League out of 18 teams, the U13 boys finished on 7th place out of 16 teams, and the WAC U13 girls finished in 8th place out of 24 teams. There were some fantastic individual results during the course of the league, well done to all who took part.

1.3.5 This season Walton AC were invited to take part in the Border League, a popular Developmental Junior League, and managed to field teams in with representation from U9 to U13 age groups boys and girls. There were some fantastic individual performances with many youngsters gaining their first competitive cross-country experience against the other competing athletic clubs and schools from Berkshire, Surrey & Hampshire. The season was topped off by **Jake Meyburgh's** overall individual success, awarded 3rd place overall in the U11 boys' category. Jake's had a great series of runs with this last race arguably the best of all, taking on the local Reigate runner (and overall U11 winner) on his home course by leading from the front only just caught in the final metres.

1.3.6 Surrey County Representatives:

Senior Ladies: **Hayley Cargill; Fiona de Mauny** (2nd Claim). U20 Men: **Michael Cottrill**. U17 Boys: **Tom Jones**. U15 Boys: **Ben Sheppard**. U13 Girls: **Madison Emmet**

1.3.7 Surrey Schools Representatives:

Senior boys: **Michael Cottrill, Ben Marks, Tom Jones, Ben Fitzpatrick**.
Senior girls: **Charlotte Vaughan**
Intermediate Boys: **Oliver Emmet, Joesph Dawes-Twilley**
Junior Boys: **Timothee Adler, Ben Shepherd**
Junior Girls: **Juliet Drury**

1.4 Track and Field 2020 season

1.4.1 England U20 Combined Events 4th-5th January

Phillip Kastner had a great weekend in Sheffield picking up a new PB in the indoor heptathlon and a Bronze Medal.

1.4.2 South of England Championships 11th-12th January – Lee Valley

Wow what a weekend for **Xavier Taylor** U13B, with 1st place and a huge PB in the Long Jump and went on to be 2nd in the 60m.

Hayden Evans U15B Silver medal and a PB in the 300m.

U15G **Annalise Agyei-Kyem** also a PB and a Silver medal in the 300m.

U15G **Emma Fisher** picked up a Bronze in the 200m and a PB in the 60m, making the semi final.

George Sudderick U17M also picked up a Bronze in the 200m.

1.4.3 Surrey County Championships 15th – 16th February

Two County Champs in the Shot, with **Georgia Russell** in the U17W for the Gold and in the Senior Men **Sam Mace** to take the second Gold.

1.4.4 England U15/17 Championships – Sheffield 22nd-23rd February

A handful of Walton athletes made the trek to Sheffield and all came home with new personal bests! Big throws for **Georgia Russell** who had her best weekend ever in the Shot with a huge new personal best and New Club Record with the 3kg U17W of 13.21m and best of all her first National Medal, collecting a Bronze medal.

1.4.5 British Masters Indoor Championships – Lee Valley 7th-8th March

Stuart Channon M40 60m winning the Bronze medal.

Clare Ridd won the Silver medal in the W35 High Jump.

Lizzie Amos struck Gold in the W40 400m.

Fiona de Mauny, WAC 2nd claim member, was equally impressive in the W35 400m winning by a clear margin.

Fiona de Mauny, the reigning European Indoor W35 800m Champion was rewarded with victory and smashed the previous Championship Best Performance (CBP) with an indoor PB of 2:11.88secs which moves her up to 4th on the UK W35 all-time indoor list. **Hayley Cargill** won the silver medal and in doing so also ducked under the previous CBP. **Hayley** also set a new PB of 2:16.00secs, which ranks her 7th on the UK W35 all-time indoor List.

1.4.6 South of England Covid Games – 29th and 30th August

Following a tough lockdown from March till August and with rather improvised training facilities WAC still managed to make its mark with **Phillip Kastner** and **Sophie Mace** (2nd claim WAC) winning; Phillip in the U20M Long Jump and Sophie in the SW Discus.

1.4.7 British Championships – Manchester 4th September

Sophie Mace was selected to compete at the very prestigious **British Championships** at Manchester on 4th September in the Women's Discus – you may even have seen her on TV! Sophie came a very creditable 7th in the final.

1.4.8 British Athletics Youth Talent Programme

Georgia Russell and Jeslyn Agyei-Kyem have been selected for the British Athletics Youth Talent Programme.

Sam Mace has been selected for the British Athletics Junior Talent Programme.

2. Satellite Club and WAC Academy

2.1 We were able to offer a phased return to our Academy and Satellite membership during the months of September and October with a view to fully returning to action after the Autumn half term. The second national lockdown prevented the full return from happening but during the four-week phased return we were able to successfully coach 227 Academy and Satellite members in total (comprising of 170 Academy athletes and 57 Satellite athletes). This was supported by 25 coaches and leaders (6 Licensed UKA coaches, 7 Licensed UKA Assistant Coaches, 9 athletes who have completed the Leading Athletics Course and 1 helper).

2.2 The aim of the WAC Academy and Satellite is to provide WAC with a stream of future athletes building the annual membership base, whilst raising club standards and participation levels in a fun and welcoming environment. Of the 25 coaches and leaders involved in delivering athletics within the Academy and Satellite, 22 are current coaches/athletes within the WAC annual membership who the Club are supporting in their coach educational journey.

3. Holiday Clubs:

3.1 Unfortunately, we were unable to run any holiday clubs during 2020 as a result of the Coronavirus Pandemic.

4. Investments:

4.1 The committee approved several large purchases that will benefit annual members. These include:

- At the request of the sprints coaches, £1600 circa was invested in new Starting Blocks, Starting Block Trolley, Speed Sleds & Ancillary Weights
- To enhance the refit of the gym which took place in 2019 at a cost of circa £20k, £1.4k has been invested on mixed bars, weights and a Connexus Column for the WAC Gym
- The club took the decision not to ask annual members for membership fees in 2021 – this represents an investment of circa £13k
- In 2020 the committee awarded three bursaries to encourage reward talented athletes and to encourage them to remain with Walton.

- An all-weather gazebo for use at away matches (£590). It is stored in the equipment room and will need to be logged in and out using the register provided.

5. Membership:

- 5.1 At the end of 2020 the club had 187 annual members. These are in addition to the Academy and Satellite members, who are termly members. As a result of not being able to make full use of either the coaching or club facilities, the committee agreed that membership fees would not be charged for 2021 for any member who was fully paid-up for 2020, including those in receipt of bursaries for 2020. Membership cards will be posted out shortly, so if you have not received yours by the 26 February 2021, please contact membership@waltonac.co.uk

6. Committee general management:

- 6.1 This year the committee has worked very hard on your behalf – having met for ten committee meetings, making arrangements to do so virtually to ensure the continuity of the club. We were pleased to be able to arrange the opening of the facility at Waterside Drive for a period during the summer – taking account of all necessary Covid requirements. We had over 500 bookings during that period so it was well worth it. We have also kept up-to-date with the latest developments around Covid and updated our policies and procedures accordingly.