

## Records fall in Early December

Three Club records have fallen during the last few weeks, with a sign of more to come. On December 4<sup>th</sup>, **Stuart Channon (M45)** who has just moved up an age group, competed in a very early indoor competition at Lee Valley and lowered the **WAC M45 60m indoor Record** to 7.63secs in the VAC Championships.

On the 11<sup>th</sup> December, **Tim Grose (M55)** who has also recently moved age groups, set a **WAC M55 Parkrun Record** of 19:36mins at the Ilfield Mill Pond Parkrun. A modest time for **Tim**, which he will surely continue to lower over the course of the next few months.

Also, on 11<sup>th</sup> December, **Alex Kilby (U20)**, ran in his debut 10km Road race at Battersea Park. On a 4 lap course, which fielded 450+ finishers plus an additional 150 runners competing in a 5km race concurrently, **Alex** navigated his way through the other competitors to win the whole event by a 30sec margin. In doing so he recorded a time of 31:23mins which is a **WAC U20 10km Road Record** beating the previous mark by over 4mins set by **Connor Kissane-Wood in 2013**. The time takes him to **18<sup>th</sup> place on the 2021 UK U20 Rankings** and is also only 5secs short of the WAC Senior Men's Record which is sure to be surpassed very soon.

**ALEX KILBY**

**1377**

10k

Gender : Male

Category : Senior Men

Status : Finished

Club : WALTON AC

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**Gun Time** **00:31:23**

OVERALL	CATEGORY
1	1
GENDER	
1	

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**Chip Time** **00:31:23**

OVERALL	CATEGORY
1	1
GENDER	
1	

