

Superb Weekend for Walton Athletes

The of weekend of the 14th/15th May was busy for many Walton AC athletes who were competing in a range of competitions over these two days. Walton AC had representation in both the Surrey & Middlesex Championship, the Surrey Road League, Night of the 10000m PBs and the Chester Half Marathon.

Night of the 10000m PBs

The Night of the 10000m PBs is the Premier Endurance Track Event held in the UK and acted as the World Championship 10000m trials. For the first time, we had 2 athletes from Walton AC – **Craig Jarman & Alex Kilby** - who qualified and were invited to this event. Whilst **Craig** unfortunately had to withdraw the day before his race, **Alex** competed in the sweltering conditions finishing his race in a respectable 32:54.08 whilst gaining much experience from competing in such a prestigious event.

The event can be seen here: bbc.co.uk/iplayer/athletics-night-of-the-10000-pbs

Surrey Road League

On Sunday 15th the Surrey Road League continued with the Sutton 10km and **Robert Smith** was as the highest placed Walton athlete to finish in 46th position.

Chester Half Marathon

Congratulations to **Duncan Woolmer** who finished 10th Overall and **3rd M40** in the Chester Half Marathon which took place on Sunday 15th May. **Duncan** was representing the **England Masters Team** for the first time, after being selected after a superb run in the Wokingham Half Marathon earlier on this year where he set a new **Club Half Marathon Record**.



Surrey Championships

The Surrey Championships took place at Kingsmeadow over the period of the weekend and although the athletes enjoyed bright sunshine and high temperatures on Saturday, on the Sunday the weather saw periods of rain. Once again Walton was well represented and there were numerous successes throughout.

In the Senior events **Sam Mace** won **Silver** in the Hammer with a throw of 55.35m, just shy of the **Club Record** he set the previous weekend, whilst older sister **Sophie Mace (2C)**, was a triple Surrey medallist by striking **Gold** in the Discus and won **Silver** medals in the Hammer and the Shot Putt. **Nicki Bell** retained her Senior Surrey title with a **Gold** medal in the Javelin and also won **Bronze** in the Discus. **Nicki** came 4th in the Shot Putt rounding off a fine weekend for our senior throwers. **Tina Howell (W35)** won her first Senior Surrey **Gold** in the Triple Jump, whilst **Charlotte Vaughan (U23)** back from university for the week finished strongly to win a **Silver** medal in the 800m. Walton Academy Coach, **Jemma Wood**, dusted off her spikes after 4 years and won a **Bronze** in the 100m on the Saturday, before winning **Gold** and her first Senior Surrey title in the 200m. Masters' athlete **Susie McLoughlin (W40)** won **Bronze** in the same 200m in a **UK W40 leading time** of 25.96secs and also won **Bronze** in the 400m, followed closely by sister, **Lizzie Amos (W40)**, in 4th to put them 1st and 2nd in the **UK W40 400m rankings**.

In the U20 age group, **Brook Cronin** won a **Bronze** medal in the 100m in a fast time of 11.01secs. He went one better in the 200m, winning the **Silver** medal, after shaving 0.01 off his **U20 200m Club Record** in the heats in a time of 22.21secs. **Luca Soave** won the **Silver** medal in the Hammer, whilst **Aaron Marlow (2C)** won **Gold** in both the Javelin and the Discus. **Ross Hurst** upgraded his bronze medal from last year, to a **Silver** medal after closing strongly in the 800m and **Georgia Russell** won the **Bronze** medal in the Shot Putt in an **English Schools Entry Standard**.

In the U17 category, **Mattao Bouget-Kotlar** won the **Silver** medal in the triple Jump with a jump of 11.39m, whilst **Jacob Thomas** jumped his way to a **Bronze** medal in the boys Long Jump. **Emma Fisher** missed out on a medal by the narrowest of margins, although she was given the same time (12.62secs) as the 3rd placed athlete and 0.01 behind the silver medallist in arguably the closest race of the day.

In the U15 events, **Xavier Taylor** dominated the sprints and won a golden double picking up Surrey titles in both the 100m & 200m recording **PBs** in both events. **Xavier** set a new **Championship Best Performance (CBP)** when winning the 200m in a fast time of 22.99secs which also puts him in 1st place in the **UK U15 200m rankings**. **Lucas De La Touche** won **Gold** in the Javelin in a **PB** of 41.44m and followed this up with a 4th place in the Shot narrowly missing another medal by 4cm. The U15 Boys 800m was by the far the most represented event by Walton AC with 10 athletes entered. **Harry Currie** was the best placed of these athletes, qualifying for the final and finishing in 8th position in which he set a huge **PB**.

The youngest WAC athletes to compete in the U13 age group were **Amy McLoughlin** and **Sienna Adam**, who both navigated their way through 3 rounds to finish 5th and 6th respectively in the 200m final, whilst **Sienna** also qualified for the 100m final.

Full Surrey Results can be found here: [Surrey Results 2022](#)



Middlesex Championships

Over at Lee Valley, Walton had 3 representatives in the Middlesex Championships in the form of the **Agyei-Kyem** sisters, and they each has great success. **Cedelle (U23)** won **Gold** in the Senior Women's 400m in a fast time of 58.02secs. **Jeslyn** took the **Bronze** in the U20 400m in a **PB** of 58.00secs which is also an **English Schools Entry Standard** and **Annalise** won **Gold** in the U17 Girls 300m in a new **PB** and an **English Schools Entry Standard** of 40.65secs.

Overall, an extremely busy and successful weekend for athletes from Walton AC. Well done to all who took part!