

Well, what a day and thank you to all those who came along and took part. The weather threatened to spoil it but thankfully the rain held off.

We kicked off with track events managed by Lizzie and Phil Amos and Susie and Jamie McLoughlin. First up were obstacle races for children aged under 6 to adults of any age. It was hilarious to watch just how competitive the “adults” were!

We moved on to 60m races for all age groups and then walking races. There was one adorable little boy (about 3 years old) who, though he only had to walk 40m, insisted on walking the full 100m to get his sticker – and the crowd really cheered him on.

Next up were the 150m races – where there were some outstanding performances in all age groups. Some children competed multiple times in order to cover their tops in stickers – amazing what an incentive a sticker can be (just wish I’d realised this when my kids were growing up!)

We then progressed to the throwing events. Firstly the howlers, where almost everyone took part and, from where I was standing, it looked like some were being thrown a mighty distance – this was followed by the discus throwing. Sophie and Stuart Mace did a cracking job on demonstrating throws and maintaining a leader board – the lucky winners getting yet another sticker and a sweet – woo hoo!

High jump and long jump were next up – managed by Rob Smith and helpers. There were definitely some interesting run-up techniques (😊) and the children loved the sandpits.

Throughout the day a speed bounce was in progress as well as a treasure hunt superbly organised and run by our Meeting Secretary, Cat Mackay.

The penultimate event was mixed age and gender relays – a video and further photos are available on the website 😊 (www.waltonac.co.uk)

Finally it was time for the tug of war; well I say that, but multiple groups had been trying out the tug of war all day – with some very unfairly balanced teams I might add.



Overall the day was a big success and I must give a huge shout out to all those who volunteered their time to help make it happen – apologies if I haven’t named you specifically.

It takes a lot of fabulous volunteers to run the club. Do you happen to know someone with a little time to spare – perhaps someone recently/soon to be retired? If you, a parent, grandparent, relative, friend or neighbour would like to get involved with the club we would be most grateful. It can be really inspiring to see the events up close. There is training available for officials and coaches which the club will fund.

Aside from that there are a number of roles that become vacant from time to time. In fact the circumstances of our chair have recently changed resulting in his having to step down at short notice so if you are interested in any of the roles do get in contact by emailing Clint Marks (officials@waltonac.co.uk)

For information, here are the other roles that come up from time to time:

Role	Responsibilities
Committee members	
Chair	<ul style="list-style-type: none">• Oversee running of the club• Chair Committee Meeting• Resolve disputes• Oversee Club strategy• Liaise with other clubs (together with Club Secretary)• Liaise with other stakeholders (Council, Parents, EA, UKA, IOC)• Ensure Committee decisions are made in accordance with the club’s policies

	<ul style="list-style-type: none"> • Ensure all actions agreed by the Committee are completed • Communicate with club on club-wide matters (in liaison with Comms Officer) • Organise AGM and present annual report of activities there • Sign-off Key User Agreement and Constitution
Club Secretary	<ul style="list-style-type: none"> • Externally co-ordinate with other clubs re: matches/league info • Arrange of track hire – annually and for ad-hoc matches • Deal with correspondence (managing info@waltonac.co.uk inbox)
Treasurer	<ul style="list-style-type: none"> • Manage club's banking arrangements • Prepare annual accounts • Ensure tax affairs are up-to-date and compliant with current rules • Manage invoicing and collection of monies (electronically)
Membership Secretary	<ul style="list-style-type: none"> • Administer and control membership process (electronically) • Administer membership database • Collect and retain record of membership fees • Maintain England Athletics (EA) membership data on the EA portal • Be the first point of contact for non-members
Policies Officer	<ul style="list-style-type: none"> • Ensure club policies and procedures reflect accepted good practice
Coach representative	<ul style="list-style-type: none"> • Represent coaches on the Committee • Provide information and updates to/from other coaches as needed
Officials and volunteers co-ordinator	<ul style="list-style-type: none"> • Co-ordinate provision of officials for home and away matches • Arrange training of new officials • Ensure match results are reported to the leagues • Promote and distribute changes to competition rules
Communications Officer	<ul style="list-style-type: none"> • Keep Website up-to-date • Manage social media (eg club's Facebook page) • Manage internal/all-club communications • Provide regular newsletters for members (this may be via website)
Meeting Secretary	<ul style="list-style-type: none"> • Plan and arrange Committee meetings • Take minutes of Committee meetings • Keep committee records up-to-date electronically

Role	Responsibilities
Non-Committee roles	
Coach	<ul style="list-style-type: none"> • Coach a group of athletes on club nights for an hour and a half (Tuesdays/Thursdays) • Encourage athletes to progress and to compete for the club • Liaise with parents and other coaches <p>Note: the club will pay for all coaching courses attended, health & safety, safeguarding courses and DBS certification</p>
Team Manager	<ul style="list-style-type: none"> • Email potential competitors to gauge interest • Ask Volunteers Coordinator to provide officials • Put names of competitors (and events they are participating in) into the relevant portal • Attend on the day to hand out numbers and pins, remind athletes to warm up and be a point of contact for parents, athletes and the host club
Track or Field Official	<ul style="list-style-type: none"> • Attend the competitions for you which you are available to officiate – usually we officiate up to three events for summer competitions <p>Note: the club pay for all courses attended, H&S course and DBS certification</p>
Equipment and Facilities Officer	<ul style="list-style-type: none"> • Ensure equipment cupboards are well maintained and organised • Liaise with PfP for general matters such as if a shower is out of order or the gym access door is faulty – ask for a date for repair.